

## Soups

**Soup De Jour** \$2.50 / \$3.95  
**Chili** \$2.50 / \$3.95  
 Served with cheese and onion



## Desserts

**Pecan Bar** \$2.50  
**Lemon Bar** \$2.50  
**Carrot Cake** \$2.50  
**Brownies** \$2.50  
**Cookies** \$0.90  
**Apricot Shortbread** \$1.25  
**Cranberry Macaroon** \$1.00



## Smoothies

**Açai Delight** \$5.50  
 Açai and banana  
**Protein Paradise** \$4.50  
 Banana, milk and protein powder  
**Strawberry Blonde** \$4.50  
 Banana and strawberry  
**Blueberry Blizzard** \$4.50  
 Blueberries and banana  
**Pascale Sunset** \$4.50  
 Blueberries, strawberries and banana  
**Hawaiian Splash** \$4.50  
 Pineapple, mango and banana

## Coffee Bar

Also served iced



	Petit	Grand
<b>Café Latte</b>	\$2.50	\$3.40
<b>Cappuccino</b>	\$2.50	\$3.40
<b>Carmel Macchiato</b>	\$2.85	\$3.85
<b>Café Mocha</b>	\$2.80	\$3.65
<b>White Mocha</b>	\$3.25	\$4.35
<b>Café Americano</b>	\$1.75	\$2.45
<b>Espresso</b>	\$1.45	\$2.50
<b>Espresso Macchiato</b>	\$1.50	\$2.55
<b>Hot Teas</b>	\$1.50	\$1.75
<b>Hot Chai Latte</b>	\$2.75	\$3.25

## Extras

**Espresso Shot** \$0.75  
**Flavored Syrup** \$0.30  
**Soy Milk** \$0.50  
**Chocolate** \$0.30  
**Caramel Sauce** \$0.30

Check out our catering menu online  
[www.cafepascale.com](http://www.cafepascale.com)



WE DELIVER WITH A \$25 MINIMUM ORDER



**CAFE PASCALE TORREY PINES LOCATION:**  
 11011 N. Torrey Pines Road  
 Suite 100  
 La Jolla, CA 92037  
 After Hours: 619.300.4246  
 Fax: 858.546.1414

Cafe Pascale uses natural chicken that is not fed or injected with any antibiotics or artificial growth stimulants.



4510 Executive Dr. Plaza 8  
 San Diego, CA 92121  
**858.552.9368**  
 After hours 619.300.4246  
 Fax 858.552.9369  
[cafepascaleutc@gmail.com](mailto:cafepascaleutc@gmail.com)

## TO-GO MENU



BREAKFAST • LUNCH • CATERING

MONDAY - FRIDAY  
 OPEN 7:00AM TO 3:00PM

**858.552.9368**

Boar's Head



# Breakfast

Served until 10:30 am.  
Egg Whites add \$1.00

- Sunrise Sandwich** \$3.75  
Eggs, bacon or sausage and Vermont cheddar cheese on a muffin
- All American Sandwich** \$4.75  
Eggs, bacon or sausage and Vermont cheddar cheese on ciabatta bread
- Mediterranean Sandwich** \$4.75  
Eggs, roasted tomatoes, spinach and cheese on bagel or ciabatta bread
- Breakfast Burritos** \$4.75  
Potato, eggs, fresh salsa, cheese, choice of deluxe ham, bacon or sausage
- Machaca Burrito** \$5.95
- Deluxe Burritos** \$5.95  
Potato, eggs, fresh salsa, cheese, deluxe ham, bacon and sausage

**\$1.00**  
12oz Coffee w/any Breakfast Item

- Fruit Bowl** \$3.25  
Seasonal fresh fruit
  - Muffins and Danishes** \$2.50
  - Vanilla Yogurt Parfait** \$3.95
  - Bagel w/ Cream Cheese** \$2.80
  - Açai Bowl** \$5.75
  - Fresh Oatmeal Bowl** \$4.29  
Topped with fresh fruit
- OMELETS**
- Power Omelet** \$6.99
  - Ranchero Omelet** \$6.99

# Salads or Make it into Wraps

- Pascale House Salad** \$5.75  
Mixed greens, tomatoes, cucumbers, carrots and croutons
- Greek Chicken Salad** \$7.50  
Crisp romaine lettuce, feta cheese, tomatoes, kalamata olives, red onions and grilled chicken with a La-Scala vinaigrette dressing
- Caesar Chicken Salad** \$7.50  
Crisp romaine lettuce, parmesan cheese, seasoned croutons and grilled chicken with a creamy gourmet Caesar dressing
- Chinese Chicken Salad** \$7.50  
Mix of Napa, green & red cabbage, spring mix, roasted sesame seeds, roasted almonds and mandarin orange with a homemade sweet oriental dressing or spicy peanut dressing
- Big Chicken Salad** \$7.50  
Fresh bed of mixed greens topped with grilled chicken, roasted walnuts & blue cheese with a balsamic vinaigrette dressing

- Salmon Garden Salad** \$8.50
- Quinoa Garden Salad** \$7.50
- Lentil Garden Salad** \$7.00
- Cobb Salad** \$7.50  
mixed greens with grilled chicken breast, crumbled blue cheese, bacon, avocado, tomatoes, eggs and a blue cheese dressing
- Tuna or Chicken Salad** \$7.50  
Mixed greens, tomatoes and cucumber with a scoop of tuna or chicken salad
- Harvest Chicken Salad** \$7.50  
Mixed greens, chicken, strawberries, apples, cranberries, blue cheese, walnuts with balsamic dressing
- Santa Fe Salad** \$7.50  
Mixed greens, chicken, roasted corn, black beans, crisp tortillas, shredded cheese and avocado with Jalapeño ranch dressing
- Baby Spinach** \$7.50  
Spinach, mushrooms, red onions, walnuts, egg and goat cheese with balsamic dressing
- Chef Salad** \$7.50  
Mixed greens with ham, turkey, shredded cheese, eggs, tomatoes, cucumbers and your choice of dressing

# Sandwiches

Served w/ pasta or potato

## BASIC \$6.50

- All Basics comes with**  
Lettuce, tomatoes, mayo, mustard  
**Your choice of meat**  
Ovengold turkey, London broil roast beef, deluxe ham or pastrami  
**Your choice of cheese**  
Provolone, Vermont cheddar, chipotle gouda or Swiss  
**Your choice of bread**  
White, wheat, French roll, squaw, sourdough, Rye or ciabatta
- Tuna or Chicken Salad**  
Served with lettuce, tomatoes and mayo on your choice of bread
  - BLT**  
Bacon, lettuce, tomatoes and mayo on toasted whole wheat
  - Cheese and avocado**  
Three kinds of cheese, tomatoes, cucumbers, sprouts, mayo and avocado on whole wheat

## DELUXE \$7.50

- California**  
Ovengold turkey, bacon, Vermont cheddar, mayo, tomatoes, avocado and sprouts on sourdough
- Club**  
Ovengold turkey, deluxe ham, bacon, Swiss cheese, lettuce, tomatoes, mayo and mustard on whole wheat
- Johnny's Italian**  
Genoa salami, hot cappy, deluxe ham, provolone cheese, lettuce, tomatoes, onions, pepperoncinis, mayo, oil and vinegar deli dressing
- Deluxe BLT**  
Bacon, lettuce, tomatoes, avocado, cream cheese and mayo on toasted whole wheat
- Chipotle So Good**  
Chipotle chicken, chipotle gouda cheese, bacon, lettuce, tomatoes, onions, avocado, pepperoncinis and savory remoulade cajun mayo
- Veggie Hummus or Lentil Wrap**  
Hummus or lentil, avocado, onions, feta cheese, tomatoes, cucumbers, lettuce and sprouts

## Burgers

- Wild Salmon** \$7.95
- Veggie** \$7.95
- Chicken Supreme** \$7.95

## Extra side

- Pasta or potato salad** \$0.75
- Two slices of bread** \$1.00

## Combos

- Half Basic sandwich with \$6.50  
soup or small salad\*
  - Half Deluxe sandwich with \$7.50  
soup or small salad\*
  - Soup and small salad \$7.25
- \* Caesar, Pascale, Oriental and Greek

## Ask about our special of the day



**Cafe Pascale celebrates over 25 years of special events business catering throughout the San Diego Area.**

Served w/ pasta, potato or fruit salad

## SPECIALTIES \$7.95

- Hot delicious**  
Ovengold turkey, provolone cheese, avocado, cucumbers, lettuce, tomatoes on ciabatta
- Steak Sandwich**  
Thinly sliced steak, bell peppers, onions and provolone cheese on French artisan roll
- Reuben**  
Pastrami, sauerkraut, Swiss cheese, thousand island dressing on toasted Rye bread
- Cordon Bleu**  
EverRoast chicken, deluxe ham, Swiss cheese, lettuce, tomatoes, onions and honey mustard on French artisan roll
- Rachel**  
A reuben with ovengold turkey
- French Dip**  
Londonbroil roast beef, provolone and Au Jus on French roll
- Gyro Wrap**  
Sliced beef, tomatoes, red onions and tzatziki sauce
- Tuna Melt**

## PANINI'S \$7.95

- Tuscany**  
Grilled chicken breast, Swiss cheese, pesto, avocado and tomatoes on artisan roll
- California**  
Ovengold turkey, bacon, Vermont cheddar cheese, tomatoes, avocado and mayo on focaccia
- Chicken Artichoke**  
Grilled chicken breast, artichoke, Swiss cheese, mayo and tomatoes on focaccia
- French**  
Deluxe ham and Swiss cheese, tomatoes, Dijon and creamy lemon paste on artisan roll
- Veggie**  
Grilled onions, bell peppers, zucchini, provolone, avocado, mayo and tomatoes on focaccia
- Chipotle Chicken Panini**  
Chipotle chicken, bacon, red onion, chipotle Gouda, avocado, cajon mayo and tomatoes on focaccia bread
- All American BBQ Panini**  
BBQ chicken, pepper chipotle gouda, bacon, tomatoes, BBQ sauce and ranch dressing on focaccia bread

## QUESADILLAS

Served with salsa sour cream and avocado \$7.00

- Chicken
- Steak
- Veggie
- Shrimp
- French
- Italian
- Mediterranean

